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WIFE SAVERS
By Mrs. Mary Morton

Oatmeal Jelly.—Soak one cup of oatmeal in cold water to cover over night. In the morning add boiling salted water and boil the mixture for several hours, adding more water if needed. When every grain is transparent and looks jelly-like turn the oatmeal into a wetted mold and set it to cool. When it is set, slice and serve it with jam and sweet cream.

Fairy Gingerbread.—One-third cup butter, two-thirds cup powdered sugar, one-third cup milk, one cup flour, two teaspoons ginger. Cream together the butter and the sugar; add the milk a little at a time, and then the flour and ginger sifted together. With a spatula or broad-bladed knife spread the mixture very thin on the bottom of a baking-sheet which has been thoroughly greased. Bake about five minutes, or until delicately colored. See that the heat of the oven is just moderate and not hot. When the wafers are done cut them in squares quickly, turn upon the hot pan and roll in a tubular shape. They may be rolled either from one side or the other.

An easy way to clean and polish veneered furniture is to wipe off with a cloth wrung out of a pure soap solution. When thoroughly dry rub gently with soft, dry cloth.

GELATINE
We need to think gelatine had no nutritive value, but now we know better and believe that it makes a real contribution to the body's growth and development. For the growing child it is especially good during the hot weather when combined with fresh fruits and vegetables. These are of particular value because they furnish vitamins which have not been destroyed by cooking. Orange juice, rich in vitamins, may be added to the gelatine and a delicious orange dessert served.

FOOD FOR THE CAMPER
The outdoor life of the camper will be likely to produce in him such an appetite that it will run away with him if he is not careful. It will pay in physical health and comfort to curb the appetite a little and eat only pure, wholesome and properly prepared foods. Use the frying pan sparingly; boil, broil and bake most of your foods. Eat plenty of fresh vegetables, especially raw ones, fresh eggs, fruit and milk.

Bacon, cornmeal, whole wheat flour, brown rice, raisins, beans, prunes, evaporated apricots and sun-dried apples are stock groceries that are fine. Prepared pancake flour is convenient to use, and syrup "makings" may be carried with one—one part of maple sugar to two parts of regular sugar brought to a boil in enough water to suit.

When peeling tomatoes or peaches drop them in boiling water, count ten, then drop into cold water. The skin comes off without any waste of fruit.

Rhubarb and Raisin Sauce.—Two cups cubed rhubarb, three-quarters cup chopped raisins, three-quarters teaspoon of grated orange peel, three-quarters cup sugar. Mix well and add one-quarter cup water. Cook very slowly till rhubarb is tender. Nuts may be added. This makes a good pie filling.

Baked Macaroni.—Cook two cups macaroni in boiling water for fifteen minutes, drain and turn into a buttered baking dish. Heat two cups milk and gradually stir into it three and one-half tablespoons half teaspoon salt, stir mixture well, pour over macaroni, cover, and bake in slow oven forty minutes. Remove cover, sprinkle with three-fourths cup buttered bread crumbs, and brown.

String Bean Salad.—Cook one pound string beans in salted water until tender, but not too soft. Drain and cook, then add one green or red pepper cut in fine strips, one Bermuda onion. Mix well and marinate with olive oil. A little sugar and a few drops vinegar may be added, if you like.



All the holidays have gone now. The next won't be Thanksgiving. Which comes on Thursday again this year. It's a holiday down to Hejaz today. I just the chief if he now wear Hejaz is and he sed the old Hejaz he nose about's in L. Angles.
Jim dash
Mrs. Laura Anderson's got out ner city directry so if you want to no ware sambuddy live's you can find it easy as pie. It's got a indeck's in it so if you no how out ware they live. I gess she made good munny from it.
Jim dash
Mister J. W. McDowell and Mister J. C. Smith have moved down to the Auditorium bildin wich are reel estate men. They make there munny on commishun's and thing's like that.
Jim dash
The Shell oil swobbed out Dolores No. 1 but I don't no if they got anything. I don't no who dun the swobbin.
Jim dash
Rappaport's have got sum jim dandy shoes for school kid's wich are the pide Piper's shoes for \$ 3 dollars and a half up to \$ 1 dol.

When you need many cups of coffee, scour out the tea-kettle and place coffee in a clean muslin bag. This is handy at a party.

Butchers' Cookies.—Put two cups cracklings (left over from rendering lard) through a food chopper. Mix well with two cups flour, three teaspoons baking powder, one-half teaspoon salt, and one-half cup sugar. Mix as for pie crust, add one egg, one-half cup raisins, and water to make dough easy to handle. Roll out one-half inch thick and bake in moderate oven until brown. Sugar may be sprinkled over top before putting in oven, so as to give a glaze. To be eaten while warm.

Sour Sweet Sausage.—Take one and one-half pounds sausage (either garlic or Polish sausage, but sage may be used) and fry on all sides till light brown. Add eight ginger snaps, two small sour pickles, sliced, and water to cover. Simmer slowly for forty minutes. This is delicious; the ginger snaps make the gravy and the pickles impart a delicate flavor.

Spinach Loaf.—One cup chopped spinach, one and one-half cups bread crumbs, one beaten egg, one-eighth teaspoon each of pepper and nutmeg; one teaspoon salt, two tablespoons lemon juice. Mix and pack lightly in moderate oven for twenty minutes.

AFTER THE SWIM
If you go in for moonlight swimming this summer don't forget to take a thermo-bottle of hot chocolate malted milk with you to drink when you come out of the water. One is apt to feel chilly when coming out of the water at night. Malted milk is not only warming, but it is nourishing.

If you have two small children and do not want to have two high chairs, buy four wooden door stops and screw one to the leg of one of the kitchen chairs. This makes the chair high enough for the older child and can be used for the mother in the kitchen when she wants to sit down while ironing or doing other kitchen work.

Strawberry Cocktail.—If large strawberries are used, cut in half, and dice an equal amount of pineapple; mix equal amounts of berry and pineapple juice; stir in a little sugar to taste; chill thoroughly. Serve in glasses with a few whole berries on top. Dust with powdered sugar.

Ham and Potatoes.—Place slice of ham in the bottom of the casserole, slice potatoes over it, season, and pour a cup or more of milk over all. Bake one hour.

Currant Meringue Pie.—One cup sugar, one-quarter cup flour, two egg yolks, two tablespoons water, one cup currants, pie paste. Mix the sugar and flour and add the yolks of eggs slightly beaten and diluted with water. Wash currants, drain, and remove stems. Add currants to the first mixture, bake in a pie shell, cool, and cover with meringue. Beat the whites of two eggs until stiff; continue heating while adding gradually two tablespoons of powdered sugar. Add one-half tablespoon lemon juice, spread on pie, and bake fifteen minutes in a slow oven.

If you would have your brooms last longer and give better service, soak them when new in boiling salted water. Repeat the process once in two weeks. This prevents brittleness and the breaking of the straws.

A housewife who does a good deal of embroidery says that she used to spend a good many nickels and dimes having monograms and initials stamped for her fancy work. Now she goes to the public library in her town and gets a book on lettering. There are many odd letters and unusual shapes that the embroidery designers do not have. Trace them from the book on tissue paper and transfer these to the linen by means of carbon paper.

cupple from L. Angles with them to see the site's up north for shaprons. My mother always had a shapron when she went out with my father before they got married and my father sed that's the reason lotsa people don't get married now, day's.

Jim dash
Lou Belle Findlay's stane with her ant wich is Mrs. E. H. Allan. I don't no ware she's from but she look's sumthin like Mrs. Allan onyshow. Blood relashun's I gess.

Jim dash
The chief wants me to run a cupple a cron's now and do sum messidges also. Gettin adv's I gess.

thirty
AUSTRALIANS VISIT HERE

Guests last week of Mr. and Mrs. Ted Fremger of West Carson street were Mr. and Mrs. Arthur Myers of Melbourne, Australia.

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